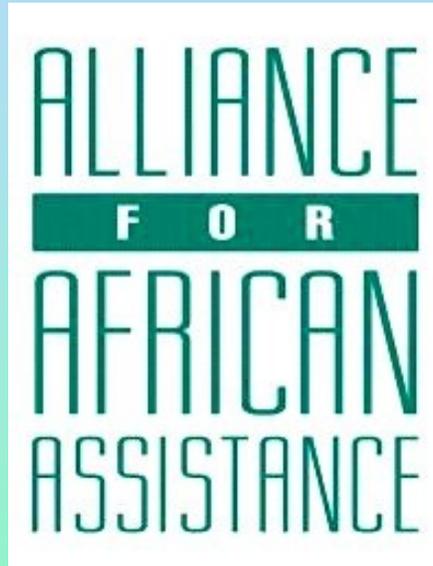

*Call today to receive
your **FREE** Non-
medical assessment:*

619-286-9052



**Compassionate caregivers.
Expert service.
Care you can trust.**



5952 El Cajon Boulevard
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**ALLIANCE FOR
AFRICAN
ASSISTANCE**

In-Home Care Services



**Compassionate and
expert support in the
comfort of your home**

Alliance for African Assistance In-Home Care Services

OUR MISSION

We are a non-medical in-home care service provider that assists individuals and families in their homes. We are dedicated to helping our clients lead dignified, independent lifestyles in the comfort and safety of their own homes by carefully assessing and fully understanding their needs and selectively placing trained personnel to meet those needs.

WHAT WE PROVIDE

Home Making Services

Routine housework, cleaning, planning and preparing meals, pet walking, laundry and monitoring and motivating regular diet plans.

Transportation Services

Transportation to social activities, appointments, and assistance in running errands.

Maintain Outdoor Facilities

Doing yard-work such as mowing the lawn, raking leaves, trimming shrubs, tending to the garden and plant watering.

Personal Care

Supervising and assisting with personal hygiene and cleanliness, toilet and commode assistance, and dressing and undressing.

Mobilization and Exercise

Assistance in walking, daily exercise, turning, and transferring.

Medication Assistance

Assistance in reminding clients to take medicine at prescribed time(s) and/or following up to ensure it is taken.

Companionship

Companionship through conversation, reading books, and engaging your loved ones in everyday activities.

WHY US?

All of our caregivers are screened and assessed to offer your loved ones the best possible care. Alliance for African Assistance is fully insured to offer non-medical in-home support services. Our goal is to provide the right assistance to engage your loved one and we work to equip them to live normal everyday lives.

FAQS

When is this service available?

We provide 24 hour live-in Care and hourly live-out Care. We require a minimum of four hours a day for the hourly live-out care.

Where is this service offered?

We service the County of San Diego and surrounding cities but if the need arises, we strive to offer our services to any one outside this geographical area.

How will I be sure my loved one receives the proper care?

We conduct non-medical assessments to find our client's functioning capabilities, identify their needs, and determine which services are required to assist and provide them with expert care.

How are costs determined?

We charge a variable rate based on the type service needed, when it is provided, and where it is delivered. We strive to offer expert and compassionate care at an affordable price.